

**University of Pikeville
Kentucky College of Osteopathic Medicine
Office of the Dean**

Mental Health Services

Policy Contact: Student Affairs, Kentucky College of Osteopathic Medicine
Policy Category: Administration
Policy Number: 9.8
Review: Annually

Purpose

University of Pikeville - Kentucky College of Osteopathic Medicine (KYCOM) provides its students, faculty, and staff with confidential access to an effective system of professional mental health care and support. Access to mental health services must be accessible 24 hours a day, 365 days a year, from all locations where students receive their education from KYCOM.

Policy Statement

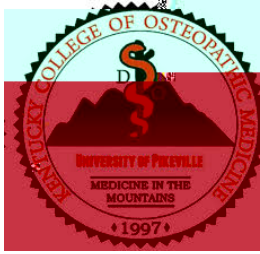
Mental health services are available to students of the University of Pikeville – Kentucky College of Osteopathic Medicine (KYCOM) 24 hours a day, 365 days a year from all locations via the Humana Student Assistance Program.

Online at <http://www.humana.com/sap> (username: bears02, password: upike)
Or by telephone: 1-855-270-3349

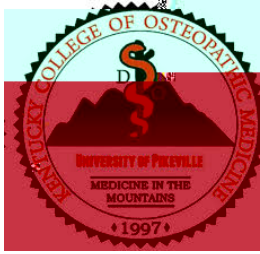
Additional in-person, short-term mental health counseling is available to all students, faculty, and staff at the University of Pikeville – Kentucky College of Osteopathic Medicine through the THRIVE Counseling Center. To schedule appointments: online <https://www.upike.edu/undergraduate/student-affairs/counseling-center/>; email Counseling@upike.edu; or telephone 606-218-HELP(4357)

Services provided by licensed therapists are as follows:

Individual, couples, and group counseling, as well as referral and consultation services. All services are provided free of charge to UPIKE-KYCOM students, faculty, and staff. Typical counseling sessions usually last between 45-60 minutes. Special sessions may be scheduled on an as-needed basis, as recommended by the counselor.



**University of Pikeville
Kentucky College of Osteopathic Medicine
Office of the Dean**



**University of Pikeville
Kentucky College of Osteopathic Medicine**

